## BE WELL VERMONT HEALTH AND WELLNESS PORTAL



Are you ready to reach your health and wellness goals with Be Well Vermont?

If you carry health insurance through the State of Vermont, go to www.bewellvermont.org to Create Your Account, click Sign Up, and follow these prompts:

- 1. Enter your email address and click **Submit**.
- 2. Enter the activation code sent to the email address you provided, and click **Submit**.
- Confirm your Family Name (Last Name) and Blue Cross Member Number (see explanation at right), then click Continue.
- 4. Fill in all fields on the Create an Account page, then click **Create Account** at the bottom.
- 5. **Agree** to the Terms of Use and Privacy Policy.



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## Take your Wellness Assessment today, and start exploring the resources available to you!

of your ID, plus your

2-digit member number.



## Access the Portal from Your Phone

by downloading the Healthy Path app from the App Store or the Google Play Store. When you first launch the app, search for Be Well Vermont when prompted.

If you DO NOT carry health insurance through the State of Vermont, go to www.bewellvermont.org to Create Your Account, click Sign Up, and follow these prompts:

- 1. Enter your email address and click Submit.
- 2. Enter the activation code sent to the email address you provided, and click **Submit**.
- 3. Confirm your Family Name (Last Name) and Person ID Number + SOVR (i.e., 1234567SOVR), then click Continue. NOTE: If your pension is paid through the State, your Person ID Number is on your end-of-year statement. If you do not get your pension paid through the State, your Person ID Number is on your bi-annual insurance invoice.
- 4. Fill in all fields on the Create an Account page, then click **Create Account** at the bottom.
- 5. Agree to the Terms of Use and Privacy Policy.

**Questions?** For technical support contact bewell@bcbsvt.com. For program related questions contact DHR.LiveWellVermont@vermont.gov.



